



Spiritual Food

Three Courses for
Maximum Growth

Spiritual Milk

1 Peter 2:2-3

**2 Like newborn babies,
crave pure spiritual milk,
so that by it you may grow
up in your salvation, 3 now
that you have tasted that
the Lord is good.**



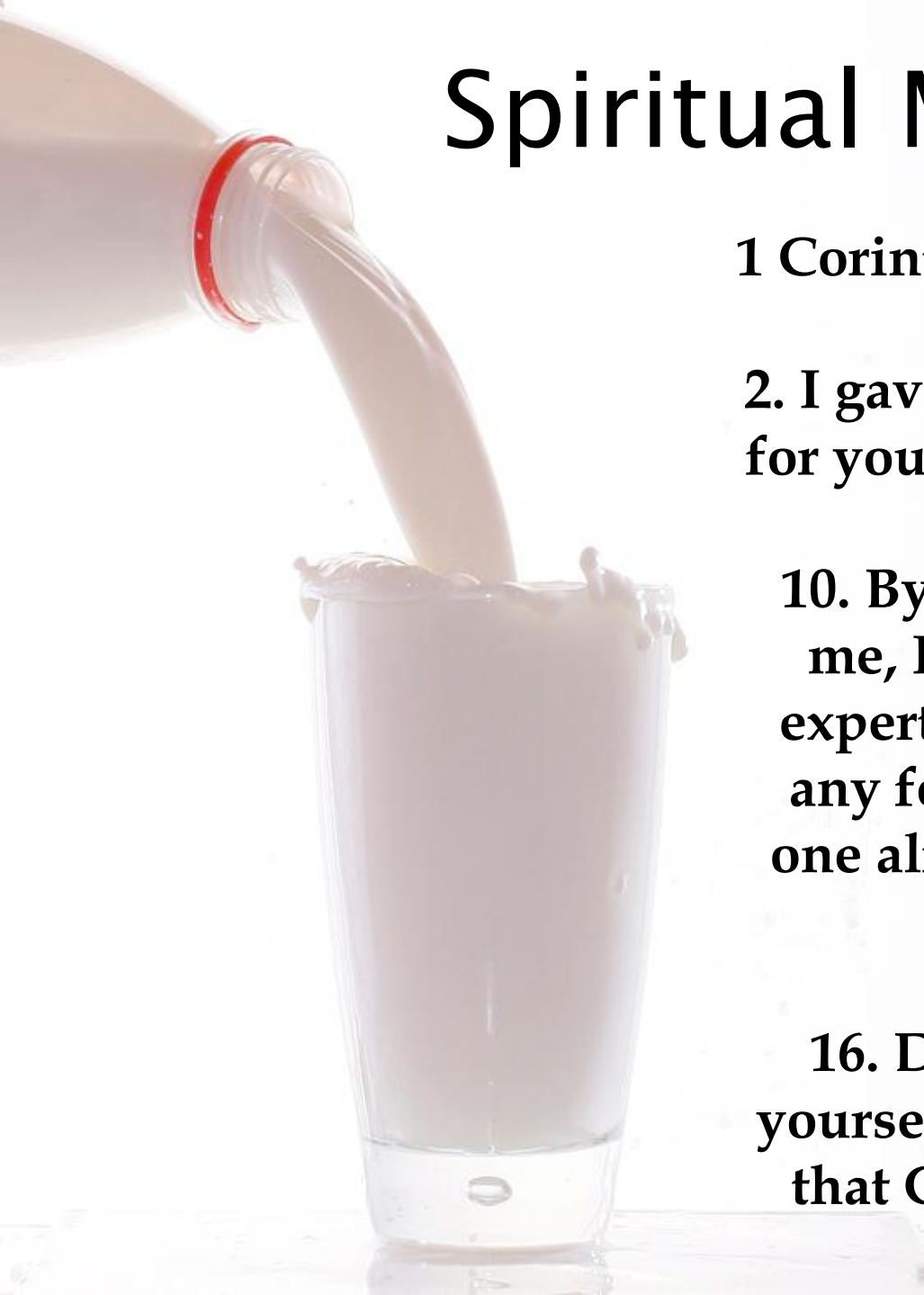
Spiritual Milk

1 Corinthians 3

2. I gave you milk, not solid food, for you were not yet ready for it...

10. By the grace God has given me, I laid a foundation as an expert builder...no one can lay any foundation other than the one already laid, which is Jesus Christ.

16. Don't you know that you yourselves are God's temple and that God's Spirit lives in you?





Spiritual Milk

The Foundation

Ephesians 2:19-21

19 You are... members of God's household, 20built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. 21In him the whole building is joined together and rises to become a holy temple in the Lord

Spiritual Meat

Hebrews 5:12-6:3

13 Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. 14 But solid food is for the mature, who by **constant use** have **trained** themselves to **distinguish good from evil.**



Spiritual Meat

Constant Use

Trained

**Distinguish
Good from Evil**



Spiritual Meat

Matthew 20:1-16

Parable of the Laborers in
the Vineyard

God's Kingdom is not
about getting rewards
but about serving out of
love!



Dessert

Victorious Christian Living

- Wisdom
- Strength
- Hope
- Peace
- Purpose

